

*Banchero Disability Partners empowers adults with developmental disabilities so that they may realize their potential, achieve their goals, and be active and contributing members in their communities. Together we promote equitable civil rights.*



13732 Midvale Ave. N #103  
Seattle, WA 98133



**Banchero  
Disability  
Partners**

*Supporting Independence*

# Leaflet

Summer 2015

13732 Midvale Ave. N #103  
Seattle, WA 98133  
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www.banchero.org

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Written by CaraLee Cook.  
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**Please consider visiting us or making an online donation at [www.banchero.org](http://www.banchero.org)!**

p. (206) 367-7795  
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## Meet Lyle and Matthew!

Lyle has been a part of the Banchero Disability Partners community for 14 years. He has a profound hearing impairment. Over his time with us, Lyle has experienced struggles, major adjustments, but also triumphs. In his particular story, there was a traumatic event that precipitated significant life-changes.

In 2009, Lyle had 2 close friends die, and soon after, he had a severe grand mal seizure. The staff members present were unable to stop him from falling down awkwardly, and Lyle suffered a compound fracture in his leg. It was a gruesome injury that required immediate surgery and a long recovery, made especially difficult because Lyle had to be placed in a skilled nursing facility for rehabilitation. For three months Lyle was away from home, friends, routine activities, and his desired lifestyle. Staff members visited Lyle regularly but were concerned about his recovery.

Once Lyle returned home, he had changed. Unfortunately, he suffered an onset of delirium due to trauma. He seemed disoriented, slow and irritable. His memory became spotty and he lost much of his previously excellent fine motor skills and sense of humor. Staff would help him shower, dress and clean his place; he was almost completely dependent now, whereas before, Lyle was very independent.

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## Calendar

### Camping Trip at Camp K

September 1- 3, Cle Elum, WA

### 2015 Taste of the Town Wine Tasting

Sunday, September 13,  
5:00 p.m. - 8:00 p.m.  
Malshuk Residence

### Board Meetings

Tuesday, September 22, 6:30 p.m.  
Email for phone instructions  
[CaraLee@Banchero.org](mailto:CaraLee@Banchero.org)

Tuesday, November 24  
Banchero Disability Partners office

### Annual Meeting

Thursday December 3,  
5:30 a.m. – 8:30 p.m.  
Richmond Highlands  
Masonic Temple  
753 N 185th St,  
Shoreline WA 98133

## MEET LYLE AND MATTHEW, CONTINUED FROM THE FRONT PAGE

He had no interest in riding the bus or taking walks, his previously favorite activities.



Lyle's support team worked hard to adjust to his new level of need and to help him to rebuild. He slowly started to regain mental clarity and motor skills. Eventually, Lyle no longer needed assistance for daily self-care. He became more detail oriented and organized with his personal belongings.

Having Matthew step into Lyles primary staff role 4 years ago made sense because of his ASL proficiency, but the relational bond they have developed goes far beyond the ability to communicate. "I'm impressed by Lyle's resilience, he doesn't give up," says Matthew. "Lyle isn't afraid of adversity." They both follow a similar philosophy: slow and steady wins the race.

Matthew and Lyle have developed a close working relationship. Matthew has a way of providing assistance and while filling a social and or physical need, he ensures Lyle maintains the most autonomy possible. They go grocery shopping and together prepare meals for the coming week. They regularly visit thrift stores. Matthew has noticed that "Lyle loves a good bargain and reusing something that still has value, so these stores are totally up his alley." Visiting the zoo is also a favorite. Lyle enjoys the animals and people-watching, an interest he and Matthew share. Lyle also enjoys teasing people in ASL ☺

Independently, Lyle regularly visits his favorite restaurant, Sears, bus stops and store fronts on his daily walks around his community. His many acquaintances and friends wave at him or shake his hand as he walks by. Sometimes they even give him stuff, like a cigarette, a dollar, or a candy bar. Lyle wears bright colored clothes as both a fashion statement and a safety measure on his evening walks.

Several years ago, when Matthew first started working with him, Lyle was diagnosed with pre-emphysema and this was a big concern. With patient encouragement and support, Lyle has stopped buying cigarettes and has reduced the amount he accepts from friends. This has helped the bumps and nodules on his lungs to heal. Finally, his pulmonologist declared him healthy enough to stop getting bi-annual chest scans, and Lyle now enjoys good health.

When asked about long term goals, Lyle says he wants to continue to have friends in the community and that he wants to save up for a big bed and a big TV. With Lyle's tenacious spirit, and Matthew at his side, anything is possible!

The **Relationship Class** teaches the fundamentals of building relationships, personal safety, and safe sex and is offered in Shoreline or North Seattle to people who have developmental disabilities. The next session will start this fall (flyer to follow), and will be co-taught by Andrew Fisher and Jasmina Merdanovic. If you have questions or wish to be put on the mailing list, please email Andrew Fisher at [Andrew@Banchero.org](mailto:Andrew@Banchero.org)



## Events & Fundraising

### Join us at our "Taste of the Town" wine tasting event!

**Date: Sunday, September 13,  
from 5:00 p.m. - 8:00 p.m.**

(Note date change to Sunday and new time)

Bid a fond farewell to summer, enjoy casual elegance and the spectacular sunset view at the Malshuk home, as we sip award-winning wines from featured winery Genoa Cellars. As always, delicious food pairings will be prepared by the Banchero Disability Partners Board of Directors. Genoa Cellars is located in Woodinville and boasts numerous awards for their amazing wines, especially their Tuscan red, which contains grapes from Washington's Red Mountain region and will be featured at our event. This is what Genoa Cellars says about their wines:

*"Our theme is sailing – there is nothing like the experience of smelling fresh salt air and feeling the Puget Sound wind in your hair as you hear water rushing by. We try to capture that feeling in every bottle of Genoa Cellars."*

A representative will be on hand to pour wine and answer your viniculture questions. Look for your invitation and RSVP today, or email [CaraLee@Banchero.org](mailto:CaraLee@Banchero.org) for more details. All proceeds benefit our clients and mission.

## Thank you for a wonderful night!

### Our Heart and Soul Dinner and Silent Auction was a big hit.



**The Kings of Swing** filled the dance floor and Classic Catering served another wonderful meal. We caught up with family and friends, and raised an amazing \$77,000 for client services! We debuted our new program video, directed by Gino Yevdjovich, and filmed/ edited by Krk Nordenstrom. Please visit [www.banchero.org](http://www.banchero.org) and have a look!

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Brenda and Shannon make their own shade at the Rose Parade.



Dina and Martha enjoy the Heart and Soul Auction.



Jeff, Shannon and Florence yuck it up at the picnic.



Mom Kathie, and our new client Stephanie enjoy the picnic.



Our new client Kevin and his folks make new friends at the picnic.



Lisa whacks the picnic piñata.



Roomies Andy, Ken and Mark enjoy the picnic.

## Board & Organizational News

### The 2015 Legislative Session

2015 was a relatively good year for people in Washington State who have developmental and/or intellectual disabilities. A number of people who have been on waiting lists for services will get some much-needed assistance, and supported living staff are getting a modest, but much-needed raise! At BDP, we are using about half of the wage money to offset the rapid rise in health insurance costs, and the other half of the funds will provide our staff with modest cost of living raises, 1.5 to 2.0 percent. As we compete for the very best employees, competitive wages and benefits are critical.



### Program Director Transition

At our annual family picnic on July 26, we bid a fond farewell to Josh Cutler, who is pursuing a career in child and family therapy. We thanked Josh for his excellent service in these past 3 years, where he helped us to implement our cloud-based documentation system, successfully transitioned 7 new clients (and families!), got our staff scheduling on line, and promoted a calm yet strongly-committed work environment. Thank you, and good luck, Josh!

We are thrilled to welcome Marci Swindell as our new Program Director. Marci has

extensive experience in our field, having run LifeSPAN, an agency that helps families to create a circle of support for them and their loved one who has a developmental disability. Marci also worked her way through the ranks, from Direct Support Staff to Program Director, at Creative Living, a supported living agency. Along with a strong commitment to our work, Marci has been praised for her approachability and results-oriented workstyle. Make sure you stop by and meet Marci.

### Here is what your support means to us!

In addition to grant funds from the Opus Community Foundation, funds from our donors help our clients have a good life. This year, that included funding our Relationship Class, which helps clients understand dating and sexuality, our nutrition intern helped clients adjust their diets, resulting in weight loss and lowered insulin needs; and several clients were able to take the train to Portland for the Rose Festival, where they enjoyed Voo Doo Doughnuts and Powell's Books, and got matching tattoos (just kidding about the tattoos). Donated funds will also help us organize our wonderful "Glamping" trip in the Cascades, later this month.

### Cause marketing and Redmond General Insurance Agency

The concept of "cause marketing" is a win-win. Companies support one or many non-profit organizations, and the non-profit agency benefits from the support while letting everyone know about the community commitment of its business partners. View our business donors, and please support these generous vendors.

One especially generous vendor is RGIA. Not only do they sponsor our auction, but they have put their heart and soul into getting us the best and lowest-cost health, dental, vision, business, property, and auto insurance packages, saving us many thousands of dollars over the past 15 years. We highly recommend the service and results we get with RGIA, and agents Dave Wedin (425-952-2685) for health/dental, and Mike Nichols (425-952-2668), business and property insurance.

## Events & Fundraising

(CONTINUED)

### Put Banchero Disability Partners in your will, and your legacy will live on.

As you plan your estate, remember that you can designate Banchero Disability Partners in your will, and that many gifts can have significant tax benefits. Any of our experts would be happy to answer any questions you may have. Call CaraLee (206) 367-7795 or